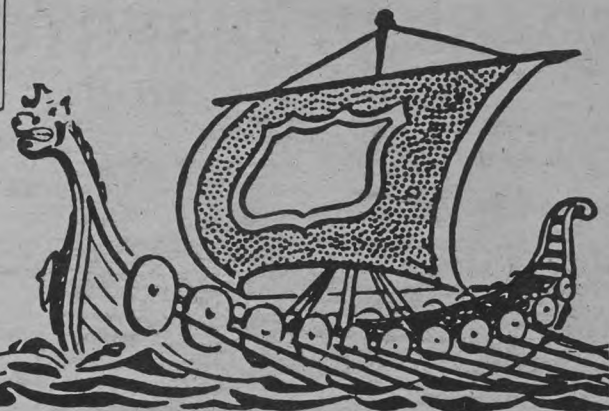


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# Scandinavian Centre News



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May, 1980

## VIKING SHIP MUSEUM



"The Viking Ship Hall of Roskilde" contains five ships from the later part of the Viking Age. These ships were dug out from Roskilde Fjord, where they were part of a blocking at that time.

Slender Viking ships only about 55 to 60 feet long once ruled the oceans around Europe. Fierce warriors stormed ashore from these ships to conquer England. Bold Viking seamen plunged through the North Atlantic as far as Iceland, Greenland and maybe even to North America about 500 years before Columbus took the sunnier southern route.

### SHIPS RECONSTRUCTED

All this happened about 1000 years ago. But today, in the Viking Ship Museum near Copenhagen, you can see five of these great ships. Not models of them - the very ships themselves.

These ships - which included 2 cargo ships, 2 warships and a smaller craft

thought to be a ferry - were deliberately sunk to block invaders seeking to enter the Roskilde Fjord. At that time, Roskilde was Denmark's main port and the country's royal capital. The five Viking ships were sailed from Roskilde to Skuldelev, 15 miles to the north, filled with stones and sunk.

One of the ships, a cargo ship, is 55 feet long, built of pine - probably in Norway - and is typical of the kind of ships used for the first crossings over the Atlantic to Iceland, Greenland and Vinland (the Vikings' name for North America). Two arrow marks on the upper planks indicate its warring past. No similar ship had been found in Scandinavia

before.

Another of the ships - a 60 foot man-of-war, with a characteristic long, low hull - is the type of ship illustrated in the Bayeux Tapestry, which depicts William the Conqueror's invasion of England in 1066. At the rowports along the sides of the ship sat the craft's 24 oarsmen. The reconstruction of the 5 ships was a most intricate exercise - the idea was to use very little new wood in places where the original wood has disappeared. Instead, profiles - wooden framework - indicate the original shape and size. Inside the museum there is a movie theater showing films (with English commentary) on the ar-

cheological excavations at the fjord site and the complex reconstruction work on the ships.

### SPECIAL EXHIBITIONS

The Viking Ship Museum in Roskilde is probably the most interesting of its kind in the world and well worth the short journey from Copenhagen. In addition to the permanent Viking collection, the museum stages special exhibitions more or

less permanently on boats, shipping and other maritime subjects from recent and not-so-recent times.

In 1969, the reconstructed ships moved to a new home built especially for them - the Viking Ship Museum, a superb concrete and glass structure at Roskilde Fjord. When you enter the exhibition, you will see the ships in silhouette against the fjord - their original element!

Opening hours: Winter: Nov. 1 - Mar. 31 . . . . . 10 a.m. - 4 p.m.  
Spring and autumn: Apr. 1 - May 31 . . . . .  
Sept. 1 - Oct. 31 . . . . . 9 a.m. - 5 p.m.  
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Entrance fee 1980: adults . . . . . d.kr. 6.00  
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# Scandinavian Centre News

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Any subscriptions, advertising, payment, change of address or other correspondence should be addressed to:

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Edmonton, Alberta  
T5L 3C2

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**MANAGING EDITOR**  
Eileen Peterson  
Phone 459-3706

**CORRESPONDENTS**  
Danish Society DANIA  
Lili Nielsen  
3903 - 111A Street  
Edmonton, Alberta  
Phone 435-5655

**FINNISH SOCIETY of Edmonton**  
Anne Sahuri  
16112 - 104 Avenue  
Edmonton, Alberta  
T5P 0S4  
Phone 489-7515

**ICELANDIC SOCIETY of Edmonton**  
  
Ninna Campbell  
5612 - 142A Avenue  
T5A 1J8  
Phone 476-3612

**Sons of Norway SOLGLYT**  
Bob Burt  
214, 10164 - 108 Street  
Edmonton, Alberta  
T5J 1L3  
Phone 423-5054

**Sons of Norway RONNING**  
Doreen Anderson  
4415 - 66 Street  
Camrose, Alberta  
T4V 2S6

**Vasa Lodge SKANDIA**  
Gertrude Holmgren  
105, 105 McKenney Avenue  
St. Albert, Alberta  
T8N 2Y2  
Phone 458-0936

**Vasa Lodge BUFORD**  
Wanda Markstedt  
R.R.3, Calmar, Alberta  
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A. Holmlund  
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# SPLINTERS FROM THE BOARD

**LIAISON —**  
The first Scandinavian Centre liaison meeting this year with all the Scandinavian ethnic groups was held on April 30, 1980. Hopefully this will make everyone aware of the need for pulling together, especially now, with the new place just about around the corner.

**DEVELOPMENT —**  
The proposed site, which was described in earlier issues was purchased on April 10, 1980. The decision of the development appeal board has not been heard at the time of writing; the original application for development was rejected by city for lack of parking space. Further development of this matter will be explained in the next issue of this paper.

**FUND RAISING —**  
If you have any great ideas as to raising additional money for the development of the new Centre, please don't hesitate to contact any board member with your ideas. We are in process of setting up a fund-raising committee and again we need the togetherness of great Scandinavian spirit.

## A TASTE OF DENMARK AT THE Multicultural Heritage Centre

On behalf of all of us here at the Multicultural Heritage Centre, I would like to thank everyone concerned in making the Danish Evening at the Multicultural Heritage Centre in Stony Plain such a success.

A special thank you goes to Borge and Jens who provided us with that super, super food. We are all looking forward to the new Centre - and the restaurant there! We will do everything possible to promote it for you.

And to all those Danish business-men and their wives - thank you for being our hosts and showing us the Danish hospitality we have heard so much about.

We appreciate the help and support we are getting from the Scandinavian Centre and its members and are always looking for ideas and ways with which we can promote the Scandinavian Culture to our visitors. Give us a call at 963-2777 if we can be of any help.

Thank you for a very successful cultural evening that also proved to be so much fun!

Jane Gilchrist  
President  
Heritage Agricultural Society

### CHANGING YOUR ADDRESS?

Please advise **The Scandinavian Centre News** as soon as possible of any change of address. Cut out your name and address from the front page and paste it in the space below, or print your old address. If you get your paper through another group other than being a shareholder, kindly mention this.

And then give your new address and mail to:  
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I now receive the paper from:

☐ Scandinavian Centre (Shareholder)  
☐ Danish Society  
☐ Icelandic Society  
☐ Vasa Lodge  
☐ Finnish Society  
☐ Sons of Norway  
☐ Some other source

## HONORARY Life Membership

Olaf Sveen has received an award from The Canadian Mental Health Association in Alberta.

It is a framed certificate which says:

Honorary Life Membership to Olaf Sveen in appreciation of exceptionally dedicated and effective service in advancing and promoting the aims of the Association through personal volunteer endeavors on behalf of the mentally ill.

The following words of Dr. C.M. Hincks, founder, The Canadian Mental Health Association, also appear on the certificate: "My basic philosophy can be stated very briefly. It is the conviction that you and I can make this a better world in which to live if we strive to promote mental health, or effective living for everybody. The supreme goal is not the striving for personal mental health but for the other fellow-for mankind generally. By working for others we inevitably gain satisfactions that would elude us if we concentrate on our own welfare."

## A BIG THANK YOU

to June Parker for being such a wonderful and thoughtful person in returning my bracelet which she found.

Louise Kay



# SOLGLYT SPOTLIGHT

by Orla Tychsen



## UPCOMING EVENTS:

May 17 - Flag-raising ceremony at City Hall at 10:30 a.m., to be followed by a luncheon at the Scandinavian Centre.

June 12, 14, 15 - St. Hans Fest at Lac St. Cyr.

During Easter week Harry and Bea Huser took in the Gun Show in Calgary, going on to Kamloops to visit family there. They also attended the Gun Show in Grande Prairie on April 18th where Harry displayed his cartridge collection and wood carvings.

Inge and Betty Anderson and family spent spring break skiing in Whitefish, Montana.

Emeth and Gladys Clark spent a weekend in Barrhead visiting Kalmar and Maisie Amdam.

Elsworth and Lois Halberg and boys spent spring break on Vancouver Island. While they were there they went to Courtenay to visit Del and Doreen Melsness.

Sig and Selma Sorenson left for Norway on May 11th for a three-

week vacation. Their grandson, Sidney, accompanied them.

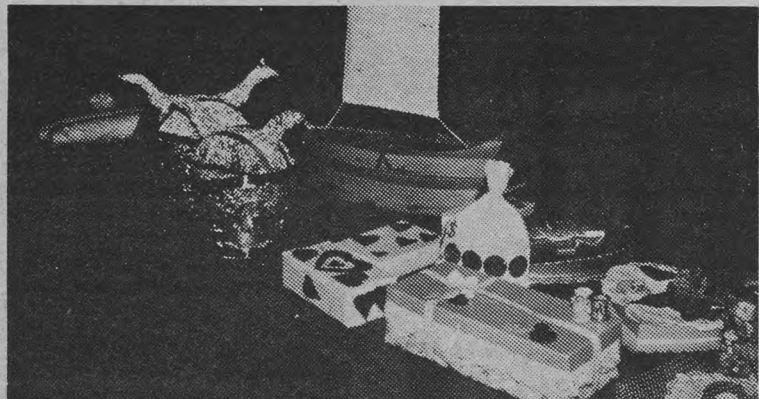
The Andersons moved into their new home at 424 Lessard Drive at the end of April.

Several Sons of Norway members were enrolled in Norwegian language courses at the University of Alberta during the 1979-80 session: Rose Berge, Keith Lillevolden in Scandinavian 100; Louise Broten (first semester), Sev Berge, Stan Johnson and Ken Ryning in Scandinavian 300; Glen Carlson and Louise Johnson in Scandinavian 400.

Some audited these courses. Others took them for credit, which meant that they, like all other university students, had to write exams. This was no mean feat for those of us who have been out of school for more years that we would like to admit. We found, however, that "det ikke var sa vanskelig"..... it really wasn't so difficult.

Reasons vary for studying a foreign language, but for those of us who wish to keep in touch with friends and relatives in Norway, it is gratifying to receive letters written in the mother tongue and be able to read and understand them, as well as being able to correspond with them in their own language.

## BOX LUNCHES AT SONS OF NORWAYS BOX SOCIAL



The Prize-Winners at the Box Social - Mr. and Mrs. Johnson, Harry Huser

## PRESENTATION TO ASTRID AND AAGE GRUNDSTAD



Harry Huser makes a presentation to Astrid and Aage Grundstad

## STOCKHOLM MARATHON

The second annual Stockholm Marathon will take place on August 23, 1980.

Last year it attracted 1797 runners from 12 countries and with interest and participation in running in general and marathon races in particular, this year's event is expected to attract a greater number of runners from all over the world.

With some 200,000 spectators, including about 10,000 at the finish line at the Olympic Stadium, the Stockholm Marathon is billed as 'the perfect race' by participants and 'a complete success' by everybody who ran the 42,195 meters through the streets and roads of central Stockholm. Juha Toivola of Finland was the winner

last year with a time of 2:17.35.

The organizers of the Stockholm Marathon are the Swedish Amateur Athletic Association, two local athletic clubs and one of Sweden's biggest newspapers, Aftonbladet. The address of the organizing committee is Stockholm Marathon, Box 10023, S-10055 Stockholm, Sweden. The entries should contain name, address, date of birth, club, number of previously completed marathons and best marathon time achieved. Entries also should be accompanied by a bank draft or international money order for the entry fee which is 100 Swedish kronor. The entry deadline is July 11, 1980.

The race will start at 3:00 p.m. on Aug. 23rd and, according to the opi-

nion of last year's participants, the course could very well be the most beautiful in the world. It is constantly changing from narrow roads in an old Royal Park with huge old oaks and grassy meadows to promenades along the waterways, to busy streets through the commercial centre over to a bridge with a fantastic view of the city. The altitude difference between the highest and the lowest point of the course is about 30 meters (100 feet). In 1979, 16 participants ran it under 2:30, 250 under 3 hours and 851 under 3:30.

Your nearest SAS office will help you with details like accommodations, stop-overs, etc., or you can contact your own travel agency for your travel arrangements.

## DANISH GOLD HORNS REBORN

Gold has always been attractive, and the hunt for gold and valuables was the reason why Denmark lost her biggest ancient history treasure: THE GOLD HORNS from Gallehus near Tonder. But the horns have been revived and can be contemplated at the National Museum in Copenhagen.

Hardly any Danish prehistoric find has engaged researchers and people in general as the gold horns. They are being described as the most extraordinary prehistoric find in the world and the most dignified treasure in the Nordic countries from the prehistoric period.

The tale about the poor lace-maker, Kirsten Svendsdatter, is known to many people. One summerday in 1639 she literally stumbled over the biggest of the gold horns. Nearly 100 years later, in 1734, at almost exactly the same spot, a smaller horn was found by a peasant, Jerk Lassen, when working in the soil.

Both horns ended up in the King's art gallery as a treasure.

But unfortunately, the horns were

stolen from the art gallery in 1802. Not until a year later it was discovered that the thief was an unsuccessful goldsmith, Niels Heidenreich. By then, it was too late to save the horns, as they had already been melted down. Heidenreich was sentenced to life in jail!

"For ever gone" were the words by Adam Oehlenschläger in his poem "The Gold Horns". But he wasn't quite right.

Several kilos of pure gold, best quality, was wasted, but what is left, are two earrings made from the original gold horns by Niels Heidenreich. The tale says that he used them as payment against his debts. The earrings are now under 11 locks in an iron box in Ringe Museum, Funen.

The drawings over the shapes and decorations of the horns still exist, too. It has been extremely difficult to decipher the figurative language, which has a mythological meaning.

The horns were supposedly forged around 400 AD. Whether they have been used for drinking or as

musical instruments, is not known. Neither is it known for which reason they were buried, be for fear of war or as a sacrifice to the gods. The mystery might never be solved.

The resurrection of the horns is due to the efforts by the Danish Keeper of National antiquities, Professor P.V. Glob, in cooperation with the Royal Jeweller, Ove Dragsted. The work is based for years' studies.

Like the originals, the copies are made in lengths of respectively 87 and 55 cm and of the same carat of gold.

In 1802, when Heidenreich stole the horns, they were estimated at a value of 17.000 Danish Kroner. The cost of reproduction has been at least 600.000 Kr., out of which the approx. 400.000 Kr. were the cost of gold - and that before the gold went skyhigh on the world market.

Due to the big difference in the details on the various drawings it has been an extremely time consuming work, and therefore it took 4 years to make the entire reproduction of the horns.

## SCANDINAVIAN CENTRE SUMMER FLIGHTS

For information Phone our Flight Organizer  
Vera Nielsen - 454-5438 or write to her at -  
12424 - 141 Street, Edmonton, T5L 2G5





by Anja Sahuri

The annual fishing contest of the Finnish Society of Edmonton was held on March 30th at Lake St. Anne, West Cove. The weather was good and many fishermen and ladies took part in this event.

Winners in the men's division were: 1st - Esko Hovila with 20 lbs.; 2nd - Ted Aho with 12 lbs.; and 3rd - Paul Vanhala with 8 lbs. The winners in the ladies' division were: 1st - Mirja Tommila with 16 lbs.; 2nd - Sirkka Nahkuri with 9 lbs.; and 3rd - Toini Virtanen with 6½ lbs. Erik Thurlin was the winner in the children's division with 11 lbs. of fish; second was Andy Kankkunen with 1½ lbs.

Congratulations to the winners and to the losers "better luck next time".

The executive of the Finnish Society wishes to thank the Folk Dancers for the program for Scandapades '80. Many thanks to their director, Mrs. Kati Vaisanen. Also thanks to Pentti Sipari who made the stage, to Anneli Thurlin for the painting of the back drop, to everyone connected with the display, and to all the helpers in hosting the evening. Sincere thanks to all of you.

The Finnish Society Dancers were invited to perform for the Nordic Society on April 11th, 1980, at the VIP Room at Lister Hall, U of A. The group danced their favorites

and enjoyed the hospitality of the Nordic Society.

The Finnish Dancers performed for the people at Lynnwood Extensive Care Centre recently. Slides about Finland were also shown.

Mr. and Mrs. T. Leino, Maria Utunen and Mr. and Mrs. V. Hagman motored to Eckville recently to bring greetings to Finnish people at Eckville lodge.

Pastor Jukka Joensuu was a recent visitor to Edmonton; he spoke at Augustana Lutheran Church on April 27, 1980.

The annual Vappu Dance was a great success. The food was delicious as always and everyone seemed to enjoy the evening. The skiing and fishing trophies were presented, and a gavel was presented to Mr. Erkki Makarainen who was president of Finnish Society in 1979. A short program included folk dancers and the choir.

Many thanks to members of those groups and their leaders, Mrs. K. Vaisanen and Mr. M. Erkkila. Also many thanks to everyone who brought food for the occasion and to all who helped in decorating, moving, etc. Special thanks to Rita Vagovics, Judy Vases and Anneli Thurlin.

The May - June issue of Heritage Magazine will introduce the Finnish people of Alberta. If you are interested in receiving Heritage Magazine, please write to Heritage Magazine, Alberta Culture, 12th Floor, CN Tower, Edmonton, Alberta T5J 0K5. Heritage Magazine is free of charge.

## SCANDAPADES '80



Aage Grundstad on the Scandapades Stage



Gisli The Crazy Scandapades '80

## EASTER BONNET COMPETITION (Sons of Norway)



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## VASA LODGE — SKANDIA

by Gertie Holmgren

Our regular April meeting was held in the Dania Room with Chairman Ray Nyroos presiding.

Five new members were initiated into our Order: Catherine Pouta, Ray Pouta, Karl Pouta, Marianne Skog and Linda Sorensen. We extend a hearty welcome to them - may their memberships be long and happy.

It was reported that Bill Kay was in hospital; we hope that by now he is feeling much better.

Doreen Nyroos reported on plans being made for camp week in July. Those who have children eligible to attend should contact Doreen at 469-8286.

Linnea Lodge read another of the articles in her mini Heritage series.

I resigned as Culture Leader and Scandinavian Centre News Correspondent.

The District Curling Bonspiel took place in Calgary on April 12th.

The North Hill Curling Club was the site of the bonspiel. In the evening at the Orange Hall trophies were presented at a lovely banquet. In first place was a Lethbridge team skipped by Wayne Grebe, which accumulated 29½ points. Lloyd Eriksson's rink from Calgary followed very closely with 29 points, and Cleve McLean's rink from Lethbridge came in third with 25 points.

Alan Eliasson has been assistant coach for a community basketball team during the past winter. The players were 11 and 12 year-olds, most with little or no previous experience. They won the City tournament as well as second place in the Provincial Basketball Tournament, missing out on first place by only one point.

Alan received a lovely trophy for his efforts.

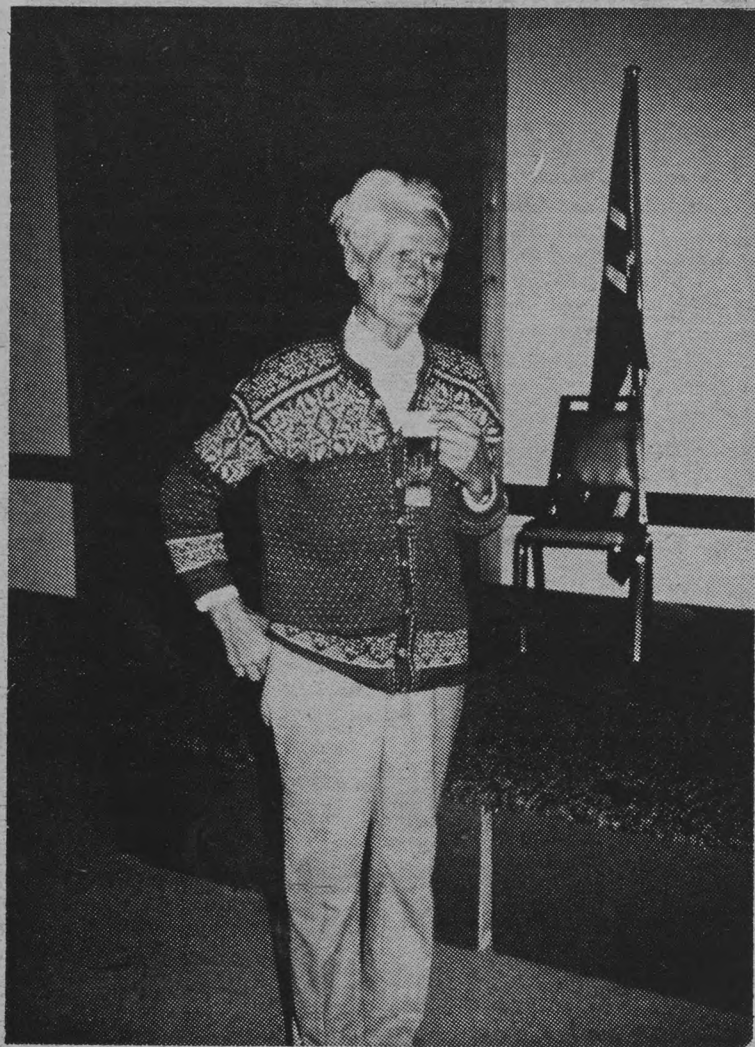
On March 22nd Neil Markstrom and Della Chunyk were joined in marriage at Augustana Lutheran Church. Neil is the son of Harold and Minnie Markstrom, and Della is the daughter of Mr. and Mrs. Walter Chunyk.

Following the wedding ceremony a reception took place at the Scandinavian Centre with approximately 230 guests in attendance. Neil and Della will make their home in Edmonton.

From May till September our regular meetings will be held at Vasa Park the first Saturday of the month. See you all there, eh?

This is my final report; thank you, and so long!

## GUNNAR GRUNDSTAD CELEBRATES HIS 74TH BIRTHDAY



### SIMA (Cool drink for summer)

8 l. water  
½ kg. granulated sugar  
½ kg. brown sugar  
2 lemons (peeled, sliced thin with seeds removed)  
10 hop flowers  
¼ tsp. yeast

Heat the water to boiling, stir in granulated sugar and brown sugar. Add lemon slices and hops. Cool and add yeast, transfer the liquid to a non-metallic container and let stand till next day.

Sterilize the bottles. Add 2 or 3 washed raisins and 1 tsp. sugar to each bottle. Strain the liquid and pour into bottles. Cork tightly. Store in a cool place for about 4 to 7 days after which it is ready to drink. Serve with May Day Cookies (Tippaleivat).

### TIPPALEIVAT (May Day Cookies)

3 eggs  
1 tsp. salt  
2 tsp. sugar  
1½ dl. milk  
3 dl. flour  
1 tsp. vanilla sugar

To deep fry - use cooking oil or coconut oil.

Temperature of oil - about 200°.  
Cooking time - about two minutes.

Blend the eggs and sugar but do not beat them. Add the rest of ingredients in the order given. Beat well. Cut the corner of plastic bag to make an opening about 1/8 inch in diameter. Put about 1 cup of the batter into the bag and squeeze it through the opening into the hot fat, moving the bag in a continuous round motion to form "tippaleipa", shaped like a birds nest about 3 or 4 inches in diameter. Fry about 1 minute on each side, use a slotted fork or spoon to turn them. Remove from fat and drain on paper towels. When cool, sift confectioners' sugar over them. Serve with "sima" or fruit juice. If you want them to be softer add 1 tsp. baking powder to batter.

## THE VIEW DOWN UNDER TORSKE KLUBBEN TREAT

by Bob Burt

It doesn't take pictures of Australia to bring members of the monthly Torske Supper; it's the fish. Sixty-six members and enthusiastic guests gathered April 1st in the crowded Nordik Room to partake of the feed of the month. It's no wonder the ladies want to cut in on this feast that, so far, is for men only.

Following the supper, your scribe is pleased to say, the guest speaker, a non-fish eater, went back twice for more torske, and loved it. He also sipped gingerly on akvavit until he was initiated to the use of beer as a chaser. This all added to a lively Australian tour.

Boss Ken Domier introduced

guest speaker Wayne Anderson, Associate Professor of Agricultural Engineering, U of A. Wayne, an Alberta product, was born and educated south of Czar. He attended the U of A and now has his master's degree. He was systems engineer with IBM for 3 years, then agricultural consultant working with the Alberta Pork Producers' Marketing Board. Later, Wayne participated in the feasibility study of Indians on the Hobbema Reserve, following which he taught at the U of A in agricultural engineering, joining the permanent staff in 1976.

Wayne took a year's sabbatical leave in 1979. On Jan. 6th he travelled through Fiji and New Zealand enroute to Australia, making his headquarters at Armidale where he

attended the University of New England, in New South Wales, studying the agriculture of that area.

From Armidale he toured such places as Sydney, Melbourne, Adelaide and Perth. On another trip he travelled to Brisbane, then up the East Coast to the Big Reef, Alice Springs and Ayre's Rock. On each of these trips he had his trusty camera. We were thrilled with his subjects, whether they were animals, birds or land scenery. Wayne's interesting talk on Australia, with his vast knowledge, made the pictures come to life. Thanks was extended to Wayne for his entertaining program.

Next meeting will be held Tuesday, May 6th: The Topic, "The Vikings". Don't miss it!

## SCANDINAVIAN KITCHEN CORNER

Finnish Recipes by Anneli Thurlin

### GOOD, QUICK, SPONGE CAKE (Hyva ja helppo perus kakku)

4 eggs (about 1 cup)  
2 c. sugar  
½ tsp. salt  
2 tsp. vanilla sugar  
(or 8 drops almond extract)  
2 tbsp. butter  
1 c. boiling hot milk  
2 c. sifted all-purpose flour  
2 tsp. baking powder

In a large bowl beat the eggs until very light and increased in volume to three or four times the original amount. Beat in the sugar, salt and flavoring until perfectly blended. Then add the butter to the boiling hot milk until melted and beat them in.

Sift together the sifted flour and baking powder and fold in by hand until just blended. Have prepared greased and floured pans ready, which may be two 9 inch layer cake pans or one 13x9 inch oblong pan.

At once pour batter into prepared pans and bake at 350 F. for 30-35 minutes. Let stand in pans 5 min. then turn out on cake racks to cool. p.s. May be baked in tube pan and served without icing.

### HERKKU SILLI (Delicious Herring)

2 large salt herrings  
1 carrot  
5 pickled onions  
5 bay leaves  
20 pieces of whole allspice  
2 onions  
dill  
parsley (cut into small pieces)  
**For Sauce**  
1 dl. vinegar  
1½ to 2 dl. water  
1½ dl. sugar

Let the herrings soak in cold water overnight. Clean the herrings and make into filets, taking off the bones then cut into bite size pieces.

Heat the sauce to boiling point then let it cool. Slice the carrot and onions. Layer the herring with onions, carrot and spices into a jar. Pour the sauce over them, cover and refrigerate for two days. This fish keeps about 2 weeks under refrigeration.

### JUHLAVA LIMPPU (Special Occasion Rye Loaf)

Dissolve the yeast in the 1 cup of warm water and 1 tsp. of sugar. (10 min.)

1 l. buttermilk  
1 dl. syrup  
1 dl. molasses  
100 gr. yeast (3 tbsp. dry yeast)  
2 tbsp. orange rinds (small pcs.)  
1 tbsp. fennel seed  
1 tbsp. caraway seeds (ground)  
750 gr. rye flour  
750 gr. white flour  
1 tbsp. salt

Pour the warmed buttermilk into a big bowl, mix in part of rye flour and dissolved yeast. Let it rise for ½ hr. in a warm place. Bring the syrup and the spices into boiling point. Let the mixture cool, then mix with the risen dough. Add rest of flour and let rise until double in bulk.

Turn out onto floured board knead until smooth. Divide dough into 3 - 4 pieces, shape them into round loafs. Place onto a greased baking sheet - let rise again. Bake in 425 F. for 10 min. then turn to 300 F. and continue baking about 25 to 35 min. more.

Scandinavian Cook Book for 1980 has been undertaken by Gunvor Larsson of Winnipeg. She is collecting Scandinavian Recipes for the book, to be published by Lodge Strindberg No. 259, Vasa Order of America.

## NEED EXTRA MONEY?

The Scandinavian Centre is looking for mature ladies to help serve our banquets! If you can work on either or both Friday and Saturday evenings, we'd like to hear from you. The hours can amount to anywhere from 4 to 14 per day, and you would require your own transportation. Wages are \$5.50 per hour. Please phone the Centre at 453-5145 and arrange for an interview.

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## CULTURAL CORNER

by Astrid Hope,  
Cultural Director,  
Sons of Norway

On April 29th Astrid Hope and Harry Huser were invited to Laurier Heights Elementary School (Rose Svidal's classroom). They had a super display of Norwegian ar-

tifacts and handicrafts. Two other classrooms were also called in to listen in on the talk and view the display.

Rose had made a special kranskekake, and lefse for the occasion.

Harry entertained the children with a tune on his Hardanger fiddle.

## COURSES OFFERED IN SCANDINAVIAN STUDIES AT THE UNIVERSITY OF ALBERTA

The following courses will be offered in the Department of Germanic Languages at the University of Alberta during the 1980-81 session.

The following three Norwegian language courses are given every year:

### SCAND 100: Elementary Norwegian

(Every day, Monday through Friday, 10 - 10:50 a.m.)

Designed to give basic practical skill in every-day spoken and written Norwegian. After successful completion of the course, students should be able to carry on conversations on every-day topics with fluency and accuracy. Also various aspects of the culture of modern Norway are discussed with the aid of slides, films and recordings. (Special arrangements regarding the two lab hours may be made, if necessary, in consultation with Dr. Hale.)

### SCAND 300: Second Year Norwegian

(Monday, Wednesday, Friday, 12 noon - 12:50 p.m.; Lab hour to be arranged in the first days of classes.) Prerequisite: Scand. 100 or consent of the department.

Designed to help students improve their reading, writing and speaking skills in Norwegian. Selected texts in modern Norwegian literature are read, and Norwegian grammar is thoroughly reviewed. There are readings on Scandinavian history and culture in general and Norwegian in particular, with a view to helping students understand the differences between Scandinavia and Canada. If desired, students with some previous knowledge of Danish will be given additional instruction in that language.

### SCAND 400: Advanced Norwegian Grammar and Stylistics

(Lecture time to be arranged in the first days of class. Prerequisite: Scand. 300 or consent of the department.)

This course is intended to give students an opportunity to refine their competence in spoken and written Norwegian grammar and style. Emphasis is on acquisition of a large inventory of vocabulary and idiomatic expressions. Intensive practice of the spoken language will be stressed, and selected texts will be examined with the view towards giving students more practice in literary language.

The literature courses are given on an alternate basis. Therefore, in the winter session 1980-81 the Department plans to offer:

### SCAND 351: Modern Norwegian Literature in English (first term)

(Lecture time to be arranged in the first days of classes.)

A survey of Norwegian literature during the 19th and 20th centuries, stressing such authors as Ibsen, Hamsun and Undset. Included is some background material on the history of Norwegian literature with a view to putting the authors discussed into historical perspective. The language of instruction is English.

### SCAND 352: Modern Danish and Swedish Literature in English

(second term). (Lecture time to be arranged in the first days of classes in January 1981.)

A survey of Danish and Swedish literature, in English translation, during the 19th and 20th centuries, stressing such authors as Andersen, Jacobsen, Lagerkvist and Strindberg. Included is some background material on the history of Danish and Swedish literature. The language of instruction is English.

### SCAND 380: Modern Scandinavian Literature (full year)

(Lecture time to be arranged in the first days of classes. Prerequisite: Scand. 300 or consent of the Department.)

This course deals with the development of Scandinavian literature in the original (Norwegian, Danish and Swedish) during the late 19th and 20th centuries. Works by such authors as Hamsun, Undset, Munk, Branner and Lagerkvist are discussed, and the attempt is made to introduce students to the analysis of literary genres and movement of the period. Special emphasis is placed on the dramas of August Strindberg.

The literature courses Scandinavian 340: "Norse Sagas and Mythology" and Scandinavian 375: "18th and 19th Century Scandinavian Literature" will most likely be offered again in the winter session 1981-82. If several students are interested in taking a course on a "special topic" such as Scandinavian culture and civilization or history of Scandinavian languages or an in-depth study of a Scandinavian author and his works, it can be arranged to give Scandinavian 498: "Special Topics in Scandinavian Languages and Literatures."

For admission to the University two deadlines have to be observed:

**Monday, June 2:** Last day for non-matriculated adults to apply for admission to the Faculty of Arts.

**Wednesday, July 2:** Last day for receiving applications for admission in the 1980-81 session to undergraduate programs for students with senior matriculation or equivalent.

In-Person Registration: September 3 - 5, 1980

Late Registration: until September 17, 1980

Classes begin on: Monday, September 8, 1980

Application forms for admission to the U of A and additional information regarding admission may be obtained at the Registrar's Office in the Administration Building on 89th Avenue and 114th Street.

It is not necessary to be enrolled as a full-time student to be able to take courses, as it is possible to attend the University as a part-time student and take only one or two courses a year.

For further information please contact Dr. C. Hale at 432-4141 or Mrs. Laura Lederer at 432-4144.

## Scholarships offered by Sons of Norway Fourth District

The Fourth District Board of Directors through the Cultural Outreach Program will again be awarding college scholarships. There will be three \$500.00 scholarships to study Norwegian and/or related Norwegian literature courses. The University of Alberta is one of the three schools in the Fourth District with approved Norwegian programs. Interested Sons of Norway members or children of Sons of Norway members who plan to study or continue studying Norwegian language or literature courses at the University of Alberta are urged to apply.

In order to receive scholarships, one must be a paid up member in the Sons of Norway Lodge or Sons of Norway Junior Lodge. A Junior Lodge member at age 18 can become a lodge member by paying the annual dues only.

There are also three \$330.00 scholarships to study in Norway. This study may be at Camp Norway, folk school or university. These scholarships should be applied for in the same manner as the above scholarship.

The Fourth District Sons of Norway has also been able to financially assist approximately fifty young people (ages 9-18) each year in attending Skogfjorden Norwegian Language camp (Concordia College - Norwegian Language Village) in the past several years.

For further information regarding any of the above scholarships please contact:

Gary Johnson,  
15215 - 79A Ave.,  
Edmonton, Alberta  
T5R 3H3  
Phone: 484-1639

or  
Harv Haugen,  
8806 - 162 St.,  
Edmonton, Alberta  
T5R 2N4  
Phone: 489-1171

## HONOUR PRIZE IN POETRY

The Icelandic Festival of Manitoba announces a poetry competition in connection with the 1980 Festival. A prize of \$100.00 will be presented to the award winner in person at the Festival, or, if that is not possible, mailed to the winner.

The contest is open to any individual whose ancestry is Icelandic.

Each entry must be original, and unpublished at the date of submission.

No more than three entries may be submitted by one poet.

Each entry should have the author's name and address typed in the upper left hand corner.

Submit entries to W.D. Valgardson, Department of Creative Writing, University of Victoria, B.C., Canada.

## HONOUR PRIZE IN BIOGRAPHY

The Icelandic Festival of Manitoba announces a biography competition in connection with the 1980 Festival. A prize of \$100.00 will be presented to the award winner in person at the Festival, or, if that is not possible, will be mailed to the winner.

The contest is open to any individual whose ancestry is Icelandic.

Each entry must be original, and unpublished at the date of submission.

No more than ONE entry may be submitted by one writer.

Each entry should have the author's name and address typed in the upper left hand corner of each page.

Submit entries to W.D. Valgardson, Department of Creative Writing, University of Victoria, B.C., Canada.

## VASA LODGE NORDSTJARNAN

by Annie Holmlund

Our regular meeting was held April 1st at Lone Ridge Hall. We enjoyed having members from Norden Lodge in attendance; they brought and presented us with the 'travelling Viking'.

Lodge bowling was held in Wetaskiwin on March 30th. Congratulations to the winning team: Barbara Sjolun, Muriel Domzy, Harry Holmlund, Helen Havanka, Gil Havanka and Betty Watson.

High triple for the ladies was won by Bertha Edin, and high triple for the men by Oscar Sjolun.

Consolations went to Carrie Thorsen and Pete Nelson.

Our family fun night was held on April 11th, when a pancake supper was held and followed by games for the children and cards for the adults.

Card winners were Dawn Holmlund, lades' high, and Reino

Havanka, men's high.

Consolation to Helen Havanka and Harry Holmlund.

Get well wishes to Mrs. Lydia Remin who was a recent hospital patient.

Mr. and Mrs. Darrel Wallin and Mrs. Nettie Wallin are holidaying in Couer d'Alene, Idaho.

Mrs. Bertha Edin and Heather Jurikovsky were recent visitors with Bill and Sherry Hill in Grande Prairie.

Congratulations to Mr. and Mrs. Jack Brown on the birth of a son, Christopher Lee. Proud grandparents are Mr. and Mrs. Carl Brown and Mr. and Mrs. Lee.

Mrs. Gertrude Dickau from Calgary was a recent visitor at the Domzy home.

## UNIVERSITY OF ALBERTA SCANDINAVIAN CLUB

A common interest in the Norwegian language and culture sparked the formation of a Scandinavian Club at the University of Alberta this year. Membership was made up from students enrolled in the three levels of Scandinavian language courses offered at the University and taught by Dr. Chris Hale. The several meetings and get-togethers held by the Club provided an opportunity to practise speaking a little Norwegian (or Danish) as well as just good plain fellowship.

One of the earlier highlights of the Club was a Christmas dinner cooked by students and held at the apartment of Ken Rynning. The turkey, cooked by Erik Fenna, was delicious. Desserts ranged from ap-

ple pie to Danish rice pudding and Icelandic pancakes.

Rose and Sev Berge hosted the March meeting which was topped off with a tasty lunch of coffee and Norwegian pastries.

The Club wound up its activities for the year with a buffet dinner at the home of Stan and Louise Johnson. To complete the evening, a color slide presentation featuring highlights from a trip to Norway, was given by Stan.

Attendance at all meetings and events indicated considerable interest and enthusiasm for a club of this type with the result that the club experienced a most successful first year.

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MEDIA

A film, based on W.D. Valgardson's short story, *God Is Not A Fish Inspector*, will have its first showing at the University of Winnipeg, April 5. Professor Valgardson, a native of Gimli, and now a teacher of creative writing at the University of Victoria, will be in attendance at the premiere.

His father, Ketill Valgardson, came to Canada with the original Icelandic settlers in 1878. He farm-

ed and operated various businesses through an active life which ended at age 104. He was a member of the first Gimli town council.

Professor Valgardson is well known as a writer of short stories and poems. He taught school in Manitoba schools, and then followed his writing career in the United States. He returned to Canada to join the faculty of the University of Victoria.

UVIC AUTHOR  
TAKES PRIZE

(from the Victoria Colonist)

A University of Victoria creative writing professor won the short story category of the second national CBC literary competition with a story set in Goldstream Park.

The win came on the heels of the publication of Willian Valgardson's first novel, *Gentle Sinners*, which already has had good reviews. The 40-year-old writer has also three books of short stories published.

Valgardson collects \$2,500 for his winning story, *A Matter of Balance*. It is to be aired over the CBC radio network in June, he said in an interview recently.

His winning short story is the first of his work to be set outside his native Manitoba. Although it concerns rock climbing in Goldstream, the exact locale is not identified in the story.

Another short story, *God Is Not A Fish Inspector*, has been adapted to film by the Manitoba education ministry. The 30-minute film premieres next month.

Other winners in the CBC literary competitions, second only to the Governor-General's awards, are Mary Di Michele of Toronto, who won the poetry category. Bill Schermbrucker of Vancouver and poet Morgan Nyberg of Surrey shared top prize in the memoir category.



Valgardson  
..... \$2,500 prize

The winners, chosen from 3,000 entries, will receive almost \$18,000 in prizes and have their entries broadcast on CBC Radio's *Anthology* series this June.

THE FINNISH FOLK-DANCERS



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Copenhagen's man-made recreational area.

Nature gave much of Denmark a coastline of beaches, bays and grass-covered sanddunes. Now, men with bulldozers and power shovels have demonstrated they can achieve the same results. The product of two years' work to the south of Copenhagen is a seven-kilometre-long recreational area within easy driving distance of the capital's busy streets.

The site for the project was a flat

coastal area where suburban housing and colonies of summer cottages occupied most available land, leaving only a narrow strip of seafloor for recreational purposes. Copenhagen authorities joined with nearby communities to form a public corporation that could develop this coastline for greater recreational use.

To achieve this, they pushed the coastline farther out, pumping up

huge quantities of sand to create new beaches. Trees were planted along the old coastline, and a series of lakes was formed within the reclaimed area. The result was a new recreational area with strategically located parking sites, good bus connections, lakes for rowing and sailing and and brand new swimming beach. Opened this year for public use, the Koge Strandpark will be officially opened in 1980.



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# TORSKE KLUBBEN ENLIGHTENED ON INSULATIONS

Torske Klubben members gathered Tuesday, March 4th to enjoy their once-a-month fish dish. The ever increasing membership indicates the interest in Scandinavian company and the entertainment provided.

They also came to listen to Ron Gibbons, Residential Energy Manager of Northwestern Utilities, who gave a most informative talk on ways to save energy and money while heating your home. He left pamphlets and books on heat conservation and also brought an Infra-red scanner and heat meter for members to see and use.

Following is the text of Mr Gibbons' talk:

The Residential Energy Management Department was formed in April of last year after more than a years study by a special management committee. The committee found there was a need for an energy audit service to inform our customers of the many ways to avoid wasting energy. The audit service to succeed, must be at a cost the average customer could

afford. The emphasis was to be on the proper management of our resources rather than conservation. The Science Council of Canada estimates that 48 percent of all energy used is wasted so our job is to help our customers reduce energy waste at the least cost to them.

To date, our little Department has conducted about 200 home energy audits and are currently booked up to the first week of April 1980.

**THE ENERGY AUDIT:** is conducted first with what we call a walk through audit, starting in the basement the analyst works his way through the entire house ending up in the attic checking insulation depth. We have an audit check list which is completed as we go. Our analysts check the heating system for proper operation, furnace filters to ensure they are not plugged, the water heater for proper setting and they check venting for corrosion. In the basement we look for air infiltration around windows and service entries, infiltration where the main

structure joins the foundation, water seepage and insulatin. On the main floor we check around windows and doors for air leakage and unless we already know what insulation levels are in the walls, we can calculate the R value. In the attic we check insulation levels, ventilation and signs of moisture. The walk through audit is usually followed with an infra-red scan of the entire house to detect missing insulation or air infiltration not obvious during the walk through audit. The whole operation can take 2 hours or more, all for a fee of only \$25.00

Our most common recommendations are:

**BASEMENT:**

Insulation between the header joists and basement walls. Up to 25 percent of your heat loss is through the concrete walls, so even if you do not intend to finish your basement, it may be worth your while to insulate this area of the home. Basement crawl spaces are generally unheated and should be insulated. Basement storm windows should be kept in good

repair and weather stripped to cut down on heat loss. If possible, caulking at the join of the foundation and the main structure will prevent excessive heat loss in this area.

**MAIN FLOOR**

Our most common recommendations on the main floor are to upgrade weatherstrip and caulking particularly where one type of construction material joins another, eg. where brick and siding meet. To repair cracked or broken windows, repair or replace warped and poor fitting doors, storm doors and storm windows. Many people who contact us, suspect insulation deficiencies in the walls, I must state that so far this has not been the case. Occasionally we find situations where it appears the corners have not been properly insulated but for the most part the main living area of the house is usually in good shape.

**ATTIC**

The attic hatch cover is usually

a source of heat loss. It is often simply a piece of plywood cut to fit the hatch opening. It should be as well insulated as the rest of the attic and sealed closed or at least weather stripped to prevent leakage into the attic from the main living area. The insulation level in the attic should be measured and checked to see if it is uniform all over. If it has not already been upgraded we recommend at least an R-34. Venting and good air circulation in the attic is essential, so we check to see if there are enough vents and make sure they have not been blocked by insulation or other matherial. If venting is not adequate we recommend the installation of additional vents. Generally speaking the average home owner could do his own energy audit and remedy most of the problems we find. To assist those who would like to, Northwestern Utilities has produced, "The Home Guide to Energy Efficiency". We have a few copies available here and additional copies are available through our Public Relations Department.

Regular weekly flights are available all year to Aalborg, Aarhus, Bergen, Billund, Copenhagen, Esbjerg, Gothenburg, Helsinki, Karup, Kristiansand, Odense, Oslo, Skrystrup, Sonderborg, Stavanger, Stockholm, Thisted and Trondheim.

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